



Vivre Dance Company Our philosophy

Vivre Dance Company is a collective of creatives, makers and dancers aged 50+ who dance together to develop their technique, play choreographically and nurture new performance work.

Elizabeth Bolwell (Lizzy) is the Artistic Director and see's *“Vivre Dance Company as an opportunity to bring a collective wealth of experience to the dance studio along with an openness of spirit so that we may gleam from one another, continue to grow creatively and professorially, whilst feeling confident to perform and share our work” (Lizzy’s Bio)*

Philosophy

- We believe in providing a space that can encompass everything each person brings to it from their life and dance experience
- We aim to nurture individual creative abilities to generate an equal performance presence for the the collective
- We aspire to be supportive of one another to enable us to grow collectively and creatively

Expectations

What we hope to see in company members:

- A willingness to learn and experiment with your movement
- An authentic engagement with any given choreographic tasks or phrase of movement
- Respect and support for each other and the Artistic Director
- A commitment to attend a whole term at a time, all rehearsals and performances with no more than two absences per term

How to join

If you are interested in taking part in the company please email Participation Producer - Health & Wellbeing Lisa Oakley: lisal@pdswh.org.uk